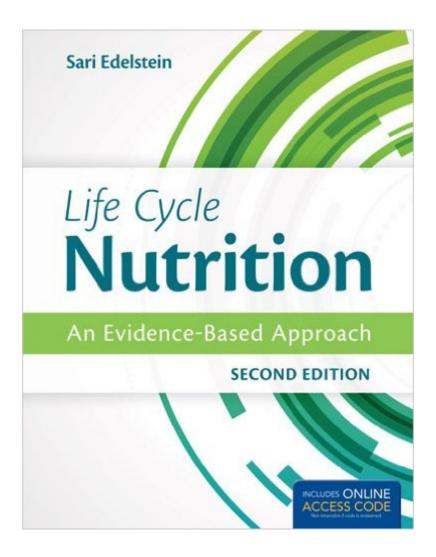
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# Life Cycle Nutrition: An Evidence-Based Approach





# Synopsis

Revised and updated with the latest epidemiologic research, the Second Edition of Life Cycle Nutrition: An Evidence-Based Approach explores nutritional foundations and the growth, development and normal functioning of individuals through each stage of life. With subjects as diverse as media influences on eating, skipping breakfast, fruit juice consumption, and clinical nutrition, this text gives students current knowledge, helps them evaluate emerging knowledge, and prepares them to uncover new knowledge for the public, their clients, and themselves. Key Features: Evidence-Based Practice sections contains research articles that provide students with an opportunity to create peer-reviewed studies and clinical trials. Cultural Diversity Sidebars, integrated throughout the text, present issues that challenge students to think critically about the nutritional and health differences among ethnic groups. Interesting Vignettes, based on nutrition and health, enhance student understanding of the material presented. Issues to Debate sections provides timely topics for debate and further consideration such as withholding and withdrawing nutrition, the ethical implications of nutrition care, and right to die case law. Students will learn the physiological, moral, ethical, and legal issues surrounding these emotionally charged issues. Case Studies and Nutritional Management help students develop knowledge and skills within a wide variety of subjects and improve critical thinking, public speaking, and group interactions.

# **Book Information**

Paperback: 560 pages

Publisher: Jones & Bartlett Learning; 2 edition (March 19, 2014)

Language: English

ISBN-10: 1284036677

ISBN-13: 978-1284036671

Product Dimensions: 8.5 x 1.3 x 10.7 inches

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## **Customer Reviews**

While the book packs a vast amount of information, it is very well written and has a very

approachable use oflanguage. I would definitely recommend this book to someone interested on nutrition.

But you probably need it for a class and don't have a choice. It's redundant and has many grammatical errors.

No photos, graphs, or images. All dense text that is hard to skim for answers. Way too expensive.

All is good except the price....

#### A+

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